Legacy Point Elementary Beacon

Learn, Live, Love, Laugh & Leave A Legacy

## **Legacy Point Elementary**

**DECEMBER 2023** 



Beth Waufle Principal

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School Website click <u>HERE</u>



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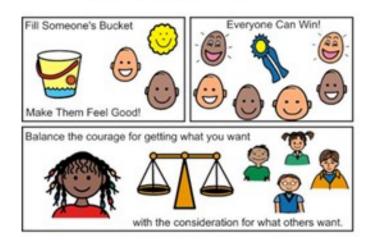
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#### Leader In Me

Habit #4

#### by Jillian (4th grade Student Lighthouse Leader)

Habit 4: Think Win-Win



Thinking Win-Win means caring about other people, not just yourself. This habit will help you problem solve when issues come up with your friends, and will also help you learn to take care of each other.

For example: your friend shares a piece of pumpkin pie with her friend and they each get one slice - that is a win-win.

## Meet our Professional Learning Specialist and Instructional Coach -Mrs. Hoppe!

#### by Boston (4th grade Student Lighthouse Leader)

- How long have you been teaching?
  27 years.
- How long have you been at Legacy Point?
  *11 years.*
- What is your favorite part of teaching? Getting to know the students.
- 4) Do you have any kids? Pets?3 daughters and one dog named Penny.
- What do you do when a student is crying or mad?
  Try to show kindness or patience.
- 6) What is your greatest strength as a teacher? The relationships I build.
- 7) What do you like to do outside of school? Spend time with family.







## Sponsorship space in this newsletter is extremely affordable!

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## **Fall Festival**

#### By Hugh (4th grade Student Lighthouse Leader)

The fall festival was fun. Activities included a cake walk, making paper pumpkins, a raffle and making wreaths. Prizes for the raffle were lunch with Mr. Waufle, a coffee machine and a gift card tree. One other prize was a popcorn party and my class, Ms. Ferguson's class, won the popcorn party. I was really happy. The person who won it for our class is...drum roll please...Robert Miller! Congrats Robert and MS. Ferguson's class!



# Veteran's Day

#### By Emma (2nd grade Student Lighthouse Leader)

The Veterans Day breakfast is a special time to spend time with our veterans. We put up posters, pictures of veterans, and poems. We celebrated veterans by having a breakfast. There were lots of foods such as donuts, fruit, bagels, muffins, and juice. My dad is in the army and he came. We had breakfast together. I felt happy to celebrate him. Many students at LPE brought their dads and moms too!



# Halloween By Lottie (3rd grade Student Lighthouse Leader) HAIIOWEEN party!!! The Halloween party is so fun!! Your mom and dad get to come and it's on Halloween!! You can dress up in your costume and walk in a parade around the school. Then it's time to party in your classrooms. 11/12/10 COLOR DATE HAPPY HALLOWEEN!

# From Essentials:

#### Hello!

We are having so much fun down in the gym. Students have been working on a new sports unit. We have worked on Tennis, Pickleball and Badminton. We will finish this unit out with Volleyball. Students have been looking at the similarities and differences between the sports and by the end of

January will hopefully be able to tell you which of the net sports was their favorite and way. Also in January we will be looking at all of the fun events found at the National Western Stock Show in Denver. This is always so much fun. Look for pictures to be posted on the Legacy Point Elementary PE Facebook page.

Please remember that for safety reasons and to keep our new gym floor looking nice, boots and crocs are not allowed in PE this year. Students who wear boots or crocs will be asked to participate in a different way or not at all. I am more than happy to hold onto tennis shoes for students or they can always throw a pair in their backpack on PE weeks. Please let me know if you have any questions.

Thanks! Mrs. Merritt



This Month in STEM we have been exploring Mars with our 5 senses. We also built helicopters as a way of exploring how NASA explores Mars with Ingenuity. On a related note, if you would like to get your name sent to Europa on a NASA spacecraft visit <u>this</u> website.

Nick Nassimbene STEM Teacher, Legacy Point Elementary <u>nnassimbene@dcsdk12.org</u>

## **Turn Your Chores into Meditation**

Mindfulness is more than just noticing things — you learn to enjoy what you are doing. We all hate chores. However, the more we avoid doing something, the more burdensome that task becomes.

Choose a chore that you want to master or one that you usually do but dislike. Prepare by setting-up the scenario — remove distractions or things that might get in the way.

Focus on the activity. Let's say you want to clean the kitchen. Start by visualizing the outcome. How would you like the kitchen to look? How will you feel once you've accomplished the task?

Start doing the chore. Pay attention to every detail. Observe your movements. How can you improve your craft? Experiment with alternative ways. Which one works better? How do you feel when you improvise instead of repeating the same movement over and over?

Keep the end-result present. You are not just doing something. You want to become the best kitchen cleaner ever. Once you are finished, take some time to appreciate the outcome. You can practice this with the same chore next time or with a different one.

> Thank you, Mental Health Team Emily Montgomery, Social Worker Sarah Sanniola, Counselor Jessica Schmitz, Psychologist